

# Health for All is Becoming a Reality

Between 1929 and 1963, the crucial importance of vitamins and other micronutrients for our health was recognized by a **dozen Nobel Prizes**.

In 1978, the World Health Organization **WHO** declared its program: '**Health for All**'. The prerequisite for achieving this far-reaching goal was the reorientation of health care towards prevention – and the involvement of the entire population in this conversion. Unfortunately, the importance of micronutrients as a crucial scientific basis of preventive health was not mentioned. Thus, this great goal could not yet be achieved.



Tremendous progress in the field of micronutrient research – especially over the course of the last few years – has paved the way for the fulfillment of an ancient dream of humanity: 'Health for All'.

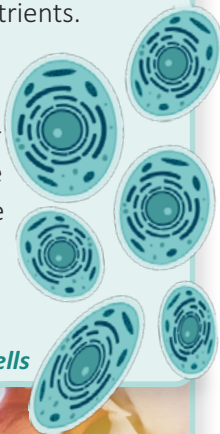
PubMed science database  
115,735 search results  
for „vitamins“

1960 1992 2023

## Micronutrients and cellular health as the basis of prevention

The results of tens of thousands of micronutrient studies can be summarized as follows:

- Health and disease of the body are decided at the level of our body cells.
- The most frequent cause of cellular malfunction is an insufficient dietary supply of vitamins and other micronutrients.
- An optimal supply of micronutrients to our body cells through healthy nutrition or food supplementation is the most important prerequisite for keeping our body and its organs healthy.



Human body cells

## Official recognition of the importance of micronutrients

Now, government **patent offices** have officially **recognized** the role of micronutrient combinations as a unique way in the biological regulation of human body cells. These natural biological processes include cellular systems involved in

- **blood pressure regulation**,
- optimization of **blood sugar metabolism**,
- **virus defense**, including coronaviruses,

- **stability** of bones and connective tissue,
- optimization of **metabolic processes in women**.

These findings are the most significant advance in natural health since the Nobel Prizes for vitamins and are an important foundation on the road to 'Health for All'.



## 'Health for All' is possible – now!

'Health for All' means that all people can

- understand that cellular health is the basis of a healthy body,
- take steps to achieve optimal cellular health,
- share this knowledge with others.

**Health education is no longer limited to certain professions or businesses.**

**Educating our fellow citizens about the health importance of micronutrients and nutrition has become the responsibility of all of us.**

**This is the only way to achieve the goal of 'Health for All'.**



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